

## Friendship Village: the Final Episode

This is 96.9FM, KMRD-LP, Madrid, New Mexico. I'm Marlee Grace, and you're listening to Friendship Village.

[Music]

That was The Weeknd, Save Your Tears. I'm Marlee Grace, you're listening to FV on KMRD. Ever since the Weeknd's halftime show, because I may or may have not been watching the Super Bowl, I've just been listening nonstop to the Weeknd. I would say he makes me feel good about myself, sexy, hot, fun. Just great, just great classic pop tunes. Friendship Village is music and advice every Sunday 3-5PM Mountain Time here on KMRD. However, today is my last show! Isn't that sad? I don't really have anything elegant, grateful, to say. Maybe it will emerge as the show goes on. But I'd love to start with our first question of the afternoon, which I think I'll be able to answer pretty succinctly due to my current situation. This caller says, "My own interrogation: I am a solo quarantiner, in limbo in my homeland. I lived in NYC for thirteen years, with a foot out the door for the last couple, and rode the Corona wave out. I had no idea I'd be here this long, and though I plan on moving to LA (typical, I know), it is tricky to set a date given our current global and national situation. I am fortunate in that I have a place to stay (currently leaving an incredible house-sitting situation to be in a studio apt below my parents, a generous, yet complex hot-bed I don't want to lay in for too long). I've had trouble figuring out how to operate here moving forward, given the fact that I do truly want to leave, and don't want to get so rooted that it's harder to eventually pack up and shift gears. Since I've been here, I've worked with a local queer activist org, rekindled old friendships, started a new one, lived mainly without touch (INSANE!!!), given several zoom performances, and done my best to stay sane, grateful, and alive. I've been thinking a lot about the alternative title to "Dr. Strangelove," "...or How I learned to Stop Worrying and Love the Bomb," only have been replacing the last phrase with, "and Love Limbo." How to root in the liminal? How to honor the gifts and stay present, participatory in life and relationships, when leaving is looming? How to decide when to leave during such

a charged and unruly moment?" Well, dear caller, I couldn't relate more! I'm in such a liminal space right now and I can only give advice based on my own experience - I guess that's what Friendship Village always has been. But, you know, right now my partner and I are planning to put everything in storage and leave. So even though we have a destination, even that is still a 3-6 month destination while we really figure out what's next. I think it's really easy for me to wait for the next thing to fix whatever discomfort I'm in. And of course when its bigger states of chaos, like moving and knowing you're going to move, packing boxes and preparing to leave, yeah, asking yourself, how do I really stay present and enjoy what it just in front of me? I think I've been asking, how do I keep routines that center me? So like my morning pages, calling friends, doing online exercise videos, staying in touch with my recovery zoom meetings, really making sure that to the best of my ability I'm still doing all the things that keep me in my center. I almost said, bring me joy, but I don't know if those things bring me joy as much as keep me on the beam. When we're in the liminal space it's ok to not be able to fully access joy and pleasure and abundance as much as, it's ok to be like, ok, I'm in the right now. The right now is uncomfortable and that's ok. It's really interesting for me right now because as we're packing and putting everything in storage except what fits in our two Jeeps, it's sort of like, I've moved before, in 2016 I had a business, I had a home I shared with my partner at the time, we got divorced, I closed that business and moved across the country only with what fit in my Subaru Forester. I'm reminded again in this move, even though we have some beautiful furniture and gear and camping gear and things that do require storage, I am thinking about wow, what's going to come with me for these next few months? What do I really need or want in this liminal time? Like fabric, items in my altar, my special markers I love to draw quilts with, these little - my acupressure mat, these things that bring me a lot of comfort no matter where I am. Home starts in me and then home, for me is like wherever me and my partner are, wherever me, my partner, and our dog are, and it ripples out from there. Remembering that it's always liminal. Maybe the last year living in New Mexico was liminal but I didn't call it that. I was like, we're rooted, we're home. Many blessings to you, daer caller, as you navigate the liminal space. Thank you so much for your

question. We have a lot of beautiful questions here on Friendship Village today, we love to talk about advice and career and identity. We'll do it again today like we have almost every Sunday since May 17th of last year. Happy to be of service today, yet again, I just want to say, I watched Framing Britney Spears pretend by the New York Times and yeah, I don't know if any of you have watched it, I think on Hulu, highly recommend. It's a lot, a lot of information but this one goes out to Britney, if you're listening, Free Britney.

[Music]

That was Trisha Yearwood, "She's in Love with a Boy." If you're a regular Friendship Village listener, you know that we love 90s country here on KMRD. Here, on Friendship Village, hosted by me, Marlee. I'ma actually wearin ga Trisha Yearwood shirt that my friend, Jake, convinced me to make an offer on on a website where you can find shirts. Jake plays drums in the band Bonnie Dune who we heard just before Trisha, and we started with a little Britney Spears, "Oops I did it Again." I want to make a little shoutout to car donations here on KMRD, on my last show. I drove here to Madrid in my '98 Jeep Cherokee, a car that I loved and drove to the ground herein New Mexico. When it was over, when it was time to leave the Jeep Cherokee behind, I donated it to KMRD, my favorite community radio station. You can too. You can donate your car to KMRD no matter where you live, isn't that amazing? They literally come get your car no matter where you are. Go to KMRD's website, [kmrdfm.com/cars](http://kmrdfm.com/cars) to get started. The pickup is free, schedule when it works for you, tax-deductible, and it benefits KMRD's operating budget. A little something to think about. I have a lot of dedications today because a lot of my besties, the loves of my freaking life, so this one goes out to Bobbie.

[Music]

That was Randy Travis with "Forever and Ever, Amen." Randy really just voice - I don't want to say it's like butter, I mean it is. I love butter. It's so much more than that, it's so - it's perfect, honestly, it's god's gift to the world. We started with a little Fleetwood Mac, Silver Springs, if you love

Friendship Village you know that I love Fleetwood Mac and it's my favorite band and I have a tattoo on my leg that literally says "Fleetwood Mac is my favorite band." Stick around for hour two. There could be a treat. There could be more Fleetwood Mac. Friendship Village is a music and advice radio show, so naturally it's time to get to some more advice. This caller says, I am a new small business owner, solely marketing through Instagram. Inspired by your social media hiatus and in light of more noticing in recent weeks, I would like to rely less on the app and begin writing a blog / newsletter type of thing. I want my online presence off of Instagram to be an accurate representation of my work. I am a cook who focuses on using only seasonal / local ingredients, investing in community and collaboration. I want to pass on announcements about my business but also recipes, seasonal insights, ideas and inspiration. My questions are: how do you find a sustainable voice (one that you won't hate in a year)? Is authenticity the key to building strong readership? How do you combine a range of topics in one newsletter while keeping things cohesive?" Well, dear caller, all I can say - this caller mentioned, I'm on a little social media hiatus which started mid-January and goes til mid-May. I also just switched in the last few days from my iPhone to the LightPhone, which only lets you listen to podcasts and music, text, call, set an alarm, or use a calculator. No GPS, no camera, no Safari, no internet, no apps. It's inconvenient in some ways but I'm loving it. It has drilled into me - when I started my research of like, what's grabbing our attention? What's stealing our attention? I was like, I'm not anti-Instagram, and I still feel that, I think. But at the same time, a little bit away, I'm like, it's evil there and I hope no one has to go back, myself included. Don't know if it's possible for me financially, spiritually - spiritually maybe it is. My point being, yes, dear caller, whatever you can possibly do to build a business that doesn't rely on Instagram, you're going to be so much happier. If you want to take breaks, to log out, to stop using it, you have to have these other places where you're bringing your readers and your audience. Newsletter is a great idea, blog is a great idea. A lot of people lean towards Patreon, Mighty Networks, you can build that into a Squarespace site. If anyone's listening like, I want to start a business! I'm like, don't start an Instagram account, don't have social

media. If you can try to build something without it, amazing. Of course, for the most marginalized people, social media is free. We have free access. It's monetarily free, it doesn't cause us money to interface with us. But it does cost us time. I think it costs us our attention, our mental health, our focus, and our ability to be really present in our real life. You have to pro and con it yourself, in terms of a newsletter, an authentic voice and readership - I don't think you can think about it that way. I think if you thought about "will I hate this voice?" If I was like, will I hate this in a year, um, probably. I'm such a fast mover, changer, grower, shifter, that of course I hate things in a year. When I read "How to Not Always Be Working," a book I wrote in 2018, I'm like, this is terrible. Who let someone write this? But people seem to keep reading and liking it. I read the book that I wrote last year and some parts I'm like, who is she? Who does she think she is to say these things? And so, you have to trust that there are these time capsules. Any perfectionism that comes up around, I hope this is still the same in this other time - it just won't be. And that's ok. Speaking from a place of humility and generosity and asking spirit to make you of service is what's going to make you of maximum benefit and service to others. It's ok if you don't like what you say in a year. In terms of combining a range of topics in a newsletter, I'm a chaotic person, I'm a Gemini. I'm a little bit of a tornado person, a minimalist structure that is consistent to put all the chaos in is something that's helped me. Send a nice picture and link things, have your buttons be the same color. Some consistency. Make segments to the newsletter iek you might hear on a podcast. "Things I'm listening to this week, "this is what I'm reading this week. This is where I'm redistributing money this week to different mutual aid funds. You could share recipes. My friend Sarah pulls a tarot card at the beginning of her podcast episode. These consistent containers or segments in the newsletter will feel really nice. And yeah, the other is authenticity the key? I think benign true to yourself is the key to building strong readership. I save true vulnerability and authenticity for my partner, best friends, family, for people who really see me in the ways and still choose me and still show up. For the public, you all maybe get this other version, which is still authentic and vulnerable but maybe not coming from the wound, coming from

a different place, something a little stitched up and healed. When you're sharing, in terms of consistent readership, really again asking, so much for me of output is a channeling proces. I don't need to be sitting at my altar praying and having candles lit to be channeling, I can just pay attention to sky, clouds, myself, inner voice, outer voice - spritig, god, higher power and just be checking in, what wants to come through? Am I the vehicle to bring it through? I can't believe I just used the word "vehicle," did I just listen to the entire HEaven's Gate podcast, yes I did. Cults. You know, cults. Anyways. Your vehicle, you're a container. So yeah, many blessings, dear caller. What a beautiful question. I really hope you continue to share and rejoice in food and how you share it with your community, may they be so lucky to receive your meanderings in your newsletter and whatnot. Thanks so much for your question. Speaking of higher power, god, and whatever else you want to call it or not, here's my favorite Pisces, Justin Bieber.

[Music]

That was Jackie Wilson, Your Love Keeps Lifting Me Higher and Higher, my friends. We started with Justin Bieber featuring Chance the Rapper with "Holy." Some of you may know, Chance the Rapper named his most recent child, Marlie Grace. Which does happen to me, my god-given name as well. We spell it differently but I'm really hoping there's some access to him maybe knowing I exist, and me maybe just thanking him for helping connect me to my version of God, and I think it's just so beautiful that I share a name with his child. You're listening to Friendship Village, this is the last show, and I really feel like today's playlist is a little bit of Best Of. Best of Friendship Village, 90s country classics, our Bieber, our Britney, a little Bonnie, Judy, really just taking it to where it always goes. I'm happy to share that today. You are listening to 96.9FM, KMRD-LP, Madrid, New Mexico. I'm your host, Marlee Grace. Here is our next question from a caller. This person says, I just started (big breath) my own patreon page aaaaand am currently taking a break from social media! I'm scared! My patreon is an inclusive and nurturing space for folks (especially queer folks) to learn about menstrual cycles and all the wild things hormones get up to. However, I'm scared about next steps and finding an audience, especially without Instagram. It's been really bringing me down and has me question my

ability to be successful on my own without wage-labor/working for others. So I'm curious about your wisdom with "selling yourself", finding ways to promote, get paid for the work even in the isolation of pandemic times??? Aaand how you have worked through times (if any) where you felt like your support crew (friends, loved ones, acquaintances) couldn't, or wouldn't show up for you in business adventures, due to pandemic or just not understanding the importance of the material?? I'm experiencing a lot of tough feelings because I had so many folks in the past receiving a lot of free emotional labor around their periods from me (I do love talking about cycles)...but now I feel like those folks aren't showing up for me now that I've created a business adventure around this subject. It bums me out, Marlee!" Ah, this is such a beautiful, beautiful question. I love friendship and getting to be my own boss, it's a privilege and blessing and honor that I take really seriously, and in the pandemic I think more than ever, I saw friends just sort of drop the ball in terms of support. I can only say, I would imagine, maybe I dropped the ball, I don't know. I didn't have anybody tell me, necessarily, but I think I put a book out that I worked on for a really long time and put a lot of myself into it, and shipped it out to a lot of friends who'd been like, I'm going to publicly share this, and cheer for you, and be on your time. Never heard from a lot of them. And it was painful. And here's what it showed me. You can release it with a little bit of grace, right? As we all have noticed, not only is there a global pandemic, I think if there's any personal grief or turbulence in your life on top of what's already happening, I don't know how we can show up for one another right now. I don't think any of us are really equipped with the tools, I say as someone who walks through the world with white privilege, who goes to therapy, who belongs to multiple 12-step programs, I see a psychic, who has a lot of dear friends. I have a lot of support and I still don't feel like I can access all the tools, I can't imagine without other people without those access to even those basic tools are experiencing right now. I can release some of it. There were people who said, I'm here for you, I will share this thing with my people, and not only did they not, they couldn't say, I can't. That's the other thing, the old me would have been really mad, really resentful. Today, I'm like, maybe they didn't like the book. That's fine too. There's so many different realities that could be happening on their end that I didn't know about. Both colleagues and peers. I think I had - and there's grief. I get to do both and. It stung a little to have certain people either say they were going to do something, or I had my own expectations. Expectations are invitations for resentment. And I do expect something of people who say they're going to do something. All that to say, it's also information about where to

close the circle. I used to think I could only do that if I was a mean b-word. F-u, I hate you, you're done, you're' dead to me, bye, never talking to you again, and that's how I closed in the friendship circle. But now I can say, in my heart, many blessings to everyone who couldn't show up because how could they? And then notice who did. And be like, cool. Now I have a little more information. Especially being off Instagram right now, switching to no IpHone, I'm a little like, oh I have 7 friends. And I thought I had 500. And I really like the 7. It's more than 7, maybe 15. I don't know. The less active I am digitally, the smaller my circle is getting and the more I trust these people who are really in the inner circle. That doesn't have to be some - you can't sit with us situation, it's just getting clear on who's really close and who I want really close. That was such a long answer to your question that still has more parts to it. Selling myself sucks, it's hard. I used to have a business, right? I used to have a separate business that was a store, and gallery, and artist residency. That was more comfortable to promote this thing that was separate from me even though I was invested in it. Now I joke that I have to clock in as Marlee Grace and then clock out and still be Marlee Grace, so that's tricky. It's tricky to learn the language to promote yourself, especially when you don't have a degree or training in that. It's just expected. I have a degree in dancing, not writing books or teaching online or doing anything else. My training is in improvising and performing, which is really relevant to my work. But yeah, I think there's something to be said about - its' confusing to sell yourself, and I think for me, this is riffing off one of the earliest questions of the show. I try to remember that I'm selling whatever I channeled from my higher power to give back to the world. My version of god or spirit is like, you should teach this class, or write this book, or do this thing, I don't really argue with that. I don't see it as selling myself, I see it as finishing the output that spirit called me to do. Spirit just told me to say that, you know what I'm saying. I hope that makes sense. I think it's different for everyone. That's something I struggle with having an advice radio show. There are so many different modalities of knowing ourselves, specifically hUman design, maybe astrology, enneagram, I'm a 2/4 emotional manifestor in human design, and so that's really specific. That means I'm here to initiate, inform, 2/4 is the hermit/opportunist, so many different things I want to study related to my human design. Get comfortable knowing yourself and knowing where to push yourself and where to pull back. Where does it make sense for you to invite, to wait to be invited, maybe looking at your human design or astrology and seeing how things are set up. I think that's a big part of it. Just trusting. Trust the work will get to who it needs to get to and you don't even know who you're making it



for yet. That's really important to me, is I'm so often like, this has to be good, when really I want the thing to be - I want this to do what it's supposed to do. I don't even have to know what it's supposed to do. I don't fully believe in business models around identifying your target audience's pain point and designing your online class around that. I want to follow - what do I want to do, and share, how do I want to inspire? Yeah, often, it's because my audience shares a pain point, and I can help guide them or walk them through it. I clearly have a lot to say about everything you brought up, dear caller, beautiful questions. One day at a time, really stay true to you. I've found that it's not my friends who interface with my work. A lot of my friends I might consider colleagues or peers, my best friend aren't taking my online classes, they're making their own. A handful do take my classes or read my books, but my friends are often writing their own books and promoting their own classes. Yeah, some of my friends didn't have the capacity because they were literally putting their own things out into the world. That's the blessing of having friends who are in the arena with you as Brene Brown says, in vulnerability and life changing work. Maybe they don't have time to read my book, and that's ok. My readers are different than my friends and colleagues and peers. I hope that makes sense. Many cycle blessings - I am past week four. I've gotta be in week five, day 34 or something, it's not pretty emotionally. Cycle blessings, support blessings, many blessings to you, dear caller. Thank you so much. You're listening to Friendship Village. I've got one more question that someone emailed in. This is our last time here together on the airwaves here on KMRD, I'd love your questions. Who knows what's next, maybe I'll find another community radio station, but there'll never be as good as KMRD. Here's another prayer-ful song today for all of you listening.

[Music]

That was my very best friend on God's green earth, Kate Crutchfield of Waxahatchee, "Can't do Much." We heard Aaliya, "Are You That Somebody," Jo Dee Messina, and little George Harrison, may he rest in peace. If you know what's good for ya, you know he's the hottest Beatle. I'm Marlee Grace, this is Friendship Village, and this is our last time together on the KMRD airwaves. I've been broadcasting live from this sweet little studio almost every Sunday since May 17th of 2020, which was my 9 year sober birthday, which means hypothetically, god-willing, if we get to May 17th of this year, it'll be a whole freaking-deaking decade. So many people call or email the show with questions about sobriety or quitting drinking or being more mindful about their substance consumption and it has been an honor and gift

about those questions on the air and it connects me to so many of you who are living sober, one day at a time. My sobriety has been deeply impacted by getting to answer your questions. Thank you so much for trusting me with all of them. We have another question, our last question unless anybody else wants to email. This caller says, "I've got a question for you. I left a job a few years ago (that I dedicated almost a decade of my life to and it was a job for a nonprofit that I helped build from the ground up). I left to pursue another interest of mine (started my own business), but that quickly fell apart. The last couple years I've felt lost as to what I should do professionally or really just what I am meant to do with my life. I still struggle from time-to-time with embarrassment and shame around my business not working out. It's been almost 3 years...As someone who has started and stopped projects, how do you move forward and not let past failures (not implying that you view them as failures) get you down or stuck in a rut? How do you discover what you're meant to do with your life? How do you get motivated to try again?" Well, thank you so much dear caller. These are the age old questions of life, and yeah, I've done a lot of things - it's so rare I name something a failure at this point, but I've definitely made some wrong turns. I've made wrong turns that led me to the most beautiful chapters of my life. I think that for me, it's all about information gathering, something my therapist says is what if we were in a laboratory, a laboratory to figure out what it is we're here for and living for and choice making and starting to look at choice making as an experimenting. I think because of my dance and quilt practice being rooted in improvising as a compositional choices making tool, I really apply that to my whole life. It's sort of all I know, not working too hard at the application of it to my life. There really are no mistakes, it's seeing something and deciding if it's in alignment with what's happening, and then making a pivot. Again, I really at this point don't view them as failures. I've published things or put things out or released an easy or self published book or put it out and sometimes it's slow. Sometimes it doesn't take off in the way I thought it would. But this is where - I already mentioned this in the show, but it's not about how many people or if it makes a fancy list, it's like, did it serve who it was meant to serve? I think the only answer is yes. There's a phrase in 12-step literature that's "god is either everything or nothing," for all the atheists out there you can either ignore or apply your own version of faith or hope or science, I don't identify as an atheist, but that works for me. When I'm fighting with the universe, when I'm in fight with what just is planned for me, it's horrendous and deranged. I can't even see what's in front of me. For me, the little offering of "god is everything or nothing," for me, I'm clear that it's not

nothing. I think it's some things. If I only have two options, I'm picking everything. I love that for me. I love that for maybe anybody who's listening. I really feel like whatever you think - your ancestors, spirit, the universe - had that plan for you. To try a business, and have it "fail" and for three years later, to still be ashamed of yourself. You can move past that. YOU can look at shame in the face and be like, I'm all set, I don't need to talk to you about this anymore." Also, what a miracle. What a miracle you even tried to start a business. For every one person who tries and "fails" at starting a business, I think the statistic that I've made up on air is that there are 7 million - that's right, 8 million - people who will never start because they're so afraid of failing. So the fact that you even tried, I'm like, bravo, dear caller. What an amazing things that you tried something for yourself. It didn't go the way it did, maybe you could try again and it would, I don't know. That motivation is about listening to what the universe is asking of me in terms of showing up, and doing that. That's my motivation. I don't want to stew in guilt and shame and fear and pain. Do I? Yes. I release things into the world and they do really well, and I still decide they're a failure. That's the thing, I don't even know if this is as much about output or how we talk about ourselves. One of the greatest themes of Friendship Village is I can give you advice all day long, but so many of the questions have something about not being nice to ourselves, not liking ourselves, not accepting ourselves for being exactly where we're at. And it's really my hope that anyone listening is like, ok, I'm a little messed up, I'm a little chaotic, I'm a little bit of a tornado person, and I'm a miracle. The fact that any of us are alive, that we've stayed alive, even just in the past year, is insane to me, honestly, and the fact that we keep choosing to navigate human nature on planet Earth is a miracle. And so I want to just say, as I answer this final - maybe - question, unless someone calls or emails in the next 23 minutes. I just think it's about being nice to yourself. One of my 12 step sponsors always says, gentle, gentle. And "easy does it, but do it." Be easy on yourself, but do something, but be nice to yourself while you do it. And in terms of discovering what you're meant to do with your life, I really think clear out whatever is blocking you from your noticing practice. Is it your phone? Is it the computer? Googling things? I don't know. WORKING too much? That's what it was for me, even as my boss I can be addicted to overworking. Finding silence or going for a walk, the answers are there for us if we look for them. That might be some New Age thing I've said on the show, but the answers are in front of you. I know because they're in front of me, when I open my eyes the answer to what's next is in front of me, and sometimes I have to wait. I mentioned Human Design, I've been studying being a

manifesting with a HD mentor in Michigan, for 9 years. And a big part of that path is 80% rest and 20% creation and initiation. And this creation phase, I go I go, feels so good, and then a lot of waiting. It's' in front of you but if you can't see it, maybe that's part of your design, who you're supposed to be in this one body, in this one life. Many blessings, dear caller. These are big questions, be nice to yourself in all of the in-betweens and throughs and ups and downs and waves of life. You're listening to Friendship Village, the last show. It's an honor and a blessing, I'm gonna dance really hard to this one. Harry Styles "Treat People with Kindness." AND treat yourself with kindness, too.

[Music]

I'm a big Bonnie fan, I love her. I freaking love her. We've got two more questions on the show today. This one from a dear email caller, is in their first serious relationship. This caller is 30 and they just started seeing each other in the beginning of pandemic, gotten very deep very quickly, talking about children. This caller is on the fence, leaning towards wanting them, the partner seems like a solid no. The caller wants kids, the caller's partner says no, mostly because of his own family experiences. It's hard to not see him being a great dad. He has even said so himself. I'm unsure whether to break it off or stay together knowing it might not be something for the long haul. Thanks for your advice. Ugh, this person is a regular Friendship Village listener, I so appreciate that. The kids talk is hard. DO you keep going or do you not? I'm sorry, it's a tricky spot you're in. I feel like, I wouldn't say keep going with the hopes he changes his mind. That's an advice fact. If you're going to move forward, know you might not be together forever, and the risk is that you fall more in love with one another and it's really painful. Something could shift in you though, alos. I've had partners who don't want kids, and I was like that's fine, and those partnerships ended. Now I'm with a partner who we both flow more in that, that sounds fun and then days where we're like, that sounds crazy and I don't think we can ever do that. AND days like, yes, yes, and there's more planning involved scientifically, but it's nice to be with a partner who's in the flexible, co-decision part of it. My intuition is saying enjoy it, there's enjoyment left in this new relationship, and there will be other times where you can check in with yourself to see if it's still correct for you or not. Those are my thoughts, dear caller, many blessings. I don't think there's a right or wrong but my guides are telling me it's not time to end it with this person. MOre to be learned and more love to be had. We've got a couple more songs and one more question here on Friendship Village radio.

[Music]

That was Selena, "Amor Prohibido." I love Selena, and I love that song, and I love Friendship Village. WE've got one last question, and the question is what did you learn from hosting Friendship Village the last 8 months? What were some of the things you discovered from answering all these questions/ As well as what was your favorite question? Which, gosh, that's hard to pick. In terms of what I learned, I Learned so much about myself from being trusted with these questions and getting to share my own life experience .It gave me the feeling of, oh yeah, everything I've been through was for a specific reason and it's to share with others that you too can go through something really painful or difficult. I think I learned that there's so many through lines with all the questions - they're all specific but we all just want to be loved, we all really want to be witnessed, and we all really want to like ourselves, and it's really hard. IT's hard to be in a human body with a human heart and all link up in a way that we can be nice to ourselves. I think that's such a common thread in all of the questions, is am I doing this right? Am I on time? Is this the right thing? It's lighter than you think, is a common thought that I have. We're taking everything so seriously. I think that's good, we care, and I want a lot more humor and lightness in my days, so I hope I've been able to provide a little bit of that for all of you. My favorite questions were all about sobriety - how do I keep sober one day at a time? I'm just so grateful, I'm so grateful to Stella, I love you so much, thanks for bringing me and Jackie to this wild little town, thanks for training me, thanks for making this radio station a beautiful place, and for everyone who listened to Friendship Village, I love you, I'll see you somewhere else, I'll see you everywhere. We're going to listen to Fleetwood Mac because it's how I feel about everyone who's ever listened to the show.